Planning FOYER RURAL 2022-2023

Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi	Dimanche
9:00	9:00	9:00	9:00	9:00	9:00	9:00
:30	:30	:30	:30	:30	:30	:30
10:00	10:00	10:00	10:00	10:00	10:00	10:00
:30	:30	:30	:30	:30	:30	:30
11:00	11:00	11:00	11:00	11:00	11:00	11:00
:30	:30	:30	:30	:30	:30	:30
12:00	12:00	12:00	12:00	12:00	12:00	12:00
:30	:30	:30	:30	:30	:30	:30
13:00	13:00	13:00	13:00	13:00	13:00	13:00
:30	:30	:30	:30	:30	:30	:30
14:00	14:00	14:00	14:00	14:00	14:00	14:00
:30	:30	:30	:30	:30	:30	:30
15:00	15:00	15:00	15:00	15:00	15:00	15:00
:30	:30	:30	:30	:30	:30	:30
16:00	16:00	16:00	16:00	16:00	16:00	16:00
:30	:30	:30	:30	:30	:30	:30
17:00	17:00	17:00	17:00	17:00	17:00	17:00
:30	:30	:30	:30	:30	:30	:30
18:00	18:00	18:00	18:00	18:00	18:00	18:00
:30	:30	:30	:30	:30	:30	:30
19:00	19:00	19:00	19:00	19:00	19:00	19:00
:30	:30	:30	:30	:30	:30	:30
20:00	20:00	20:00	20:00	20:00	20:00	20:00
:30	:30	:30	:30	:30	:30	:30
21:00	21:00	21:00	21:00	21:00	21:00	21:00
:30	:30	:30	:30	:30	:30	:30

CANTINE (Lundi 11:00 – 14:00)
QI GONG (Lundi 18:00 – 19:00)
YOGA (Mardi 9:00 – 10:00)
CANTINE (Mardi 11:00 – 14:00)
EPS ECOLE (Mardi 15:00 – 18:00)
PILATES (Mardi 19:00 – 21:00)
PILATES (Mercredi 10:00 – 12:00)
Association Foyer rural (Mercredi 15:00 – 17:00)
CANTINE (Jeudi 11:00 – 14:00)
EPS ECOLE (Jeudi 15:00 – 18:00)
PILATES (Jeudi 18:00 – 20:00)
Taï-Chi (Vendredi 9:00 – 10:00)
CANTINE (Vendredi 11:00 – 14:00)
Association Foyer rural (Vendredi 15:00 – 18:00)
Danse L'SWING (Vendredi 19:00 – 21:00)
Danse L'SWING (Samedi 10:00 – 12:00)
Marché / L'Îlot (Dimanche 9:00 – 13:00)